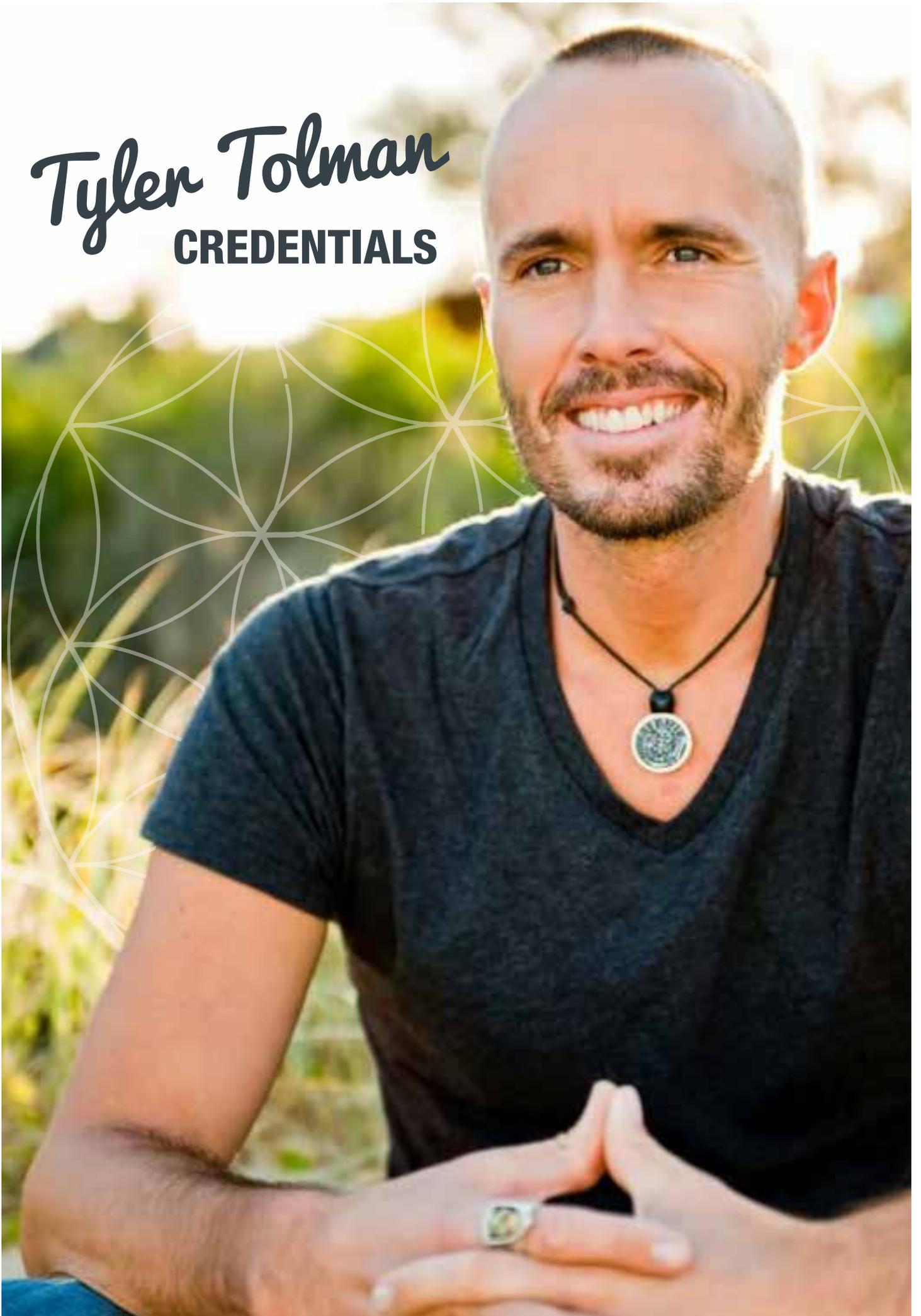


*Tyler Tolman*  
**CREDENTIALS**



# Tyler Tolman

## CREDENTIALS

We place our lives literally in the hands of medical professionals especially in emergency situations. When it comes to the narrow scope of today's medicine – we have lost our way as a society. Most of us have grave suspicions of medical and pharmaceutical industries that we are too afraid to question. Yet the results are clear: Australians spend in excess of **\$140 billion annually**<sup>1</sup> on treating symptoms as part of the nation's healthcare system. Despite this astronomical spend on research and mainstream treatments; patient numbers continue to rise, with cancer the leading cause of death nationally. An estimated 124,910 new cases of cancer will be diagnosed in Australia in 2014, with that number set to rise to 150,000 by 2020<sup>2</sup>.

It's time to return to truth. Your body has all the answers. Unfortunately, some of the traditional medical techniques leave no room for your body to do what it needs to do – and that is heal itself.

Tyler Tolman has decades of assisting people to heal from many conditions that are deemed incurable by the modern healthcare system. A qualified iridologist and fasting expert, he has also been passed down powerful knowledge from his father, Don Tolman, through his many years of research and application, as well profound wisdom gained from ancient masters who deeply understood what the body needs in order to truly heal.

The proof of a practitioner's skill and wisdom rests with those he or she treats. Tyler Tolman has accrued countless testimonials from clients who have healed from diseases such as brain cancer, colon cancer, liver cancer, prostate cancer, Lyme disease, motor neuron disease, obesity, hypertension, ulcerative colitis, Crohn's disease, psoriasis...

Here are just a few...



[tylertolman.com](http://tylertolman.com)

<sup>1</sup> Need the footnote for this stat. <sup>2</sup> Need the footnote for this stat.

## *Tyler Tolman* CREDENTIALS



Danner & Kate

Danner had aggressive colon and liver cancer and had already undergone chemo with no success. Here is the message I received after getting the test results back.

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Have just returned from Bali with my husband after completing the Jan 30day HTS! It has transformed our lives forever. We are not the same people who arrived on the island, we are now much wiser & healthier!

I will be forever grateful that we were able to be guided by such an amazing team..the best news is we are now cancer free...

Thank you Tyler for dedicating your life for the greater good of mankind... and thanks to the extended team.

~ **Kate Gardner**



I suffered from Lyme disease for two years during which time my life was stripped bare. This debilitating disease took everything from me.

I lost my health, job, friendships and independence. Lyme disease slowly kills you as it penetrates all body systems causing severe body pain, muscle twitching, neurological and cognitive impairment, fevers, chronic fatigue and a plethora of symptoms. I became house bound, I was too sick to get out of bed and in too much pain to function normally.

I couldn't drive as I was constantly dizzy with mental confusion and brain fog. I even lost the ability to hold conversations.

I've been a lifelong advocate for natural health and it was this commitment to heal Lyme disease naturally that led me to undertaking the Heal Thy Self Program with Tyler.

I had full faith my body knew how to heal itself and this program provided the right environment for that to happen. I fasted for twenty one days on water and healed the Lyme disease.

Not only am I now symptom free but I have my health and life back. I am strong and full of energy and feel healthier than I've ever been. I am a testament to the profound healing powers of water fasting and the Tolman philosophy.

~ **Johanna Astrid**

## *Tyler Tolman* CREDENTIALS



Damian was diagnosed at a young age with cancer and tumor was found in his brain that has cause epileptic seizures. It was Damian's partner who contacted me and I recommended a program where they both come to Bali and go through a 40 day program of cleansing, which consisted of juice fasting, enemas, wheat grass, sunshine, meditation, water fasting for 15 days in different intervals, H2O2 protocol and a lot of education and other healing modalities. Damian has just received scan results that show in this short amount of time his brain tumor has shrunk by 88%! This is nothing short of what doctors call a medical miracle and what I call the power of fasting and Nutrition.

Over the next few months I will continue to coach Damian down this path of self-care and I have no doubt that the tumor will no longer exist so this beautiful couple will live long and happy lives together.

~ **Tyler Tolman**



*Before*



*After*

Tyler,

I want to thank you for the amazing life changing program you put Fotini and I on to. I came to you as I was quite overweight at around 100kg, I had increasing bouts of gout flare up, and my blood sugar levels were a seriously high 12.8 - pre-diabetic levels. I also had low energy and my body felt sluggish. After completing the 13 week program you put us on, our lives have changed so much. I have so much more energy than before. I now weigh

15kg less, my blood sugar levels are almost half and I haven't had any reoccurrences of gout. I'm so happy to say that it was not only much easier than I could have imagined, I really enjoy the change in lifestyle eating and the amazing boost in energy and clarity I now have. We have now switched to a predominantly raw vegan diet and get this...

I totally love it... and this is coming from a former meat loving, cooked and junk food guy. Thanks for coaching us to achieve this amazing change, thanks for putting us back on the path to amazing health and vitality, thanks for your support and commitment to great health.

~ **Scott & Fotini**

## *Tyler Tolman* CREDENTIALS



Jenny has been staying here in Bali to heal her motor neuron disease. She was very unwell when she arrived, barely able to walk and had problems with her speech.

Doing daily rituals including taking wheat grass, juices, exercise, getting lots of sunshine, breathing exercises and walking twice a day...

Jenny is now looking bright and beautiful.

After 7 days of juicing she is now pushing us around in the wheelchair we got her. It has been wonderful to watch the improvement in such a short amount of time.

Jenny, you're amazing!

~ **Tyler Tolman**

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My blood pressure was 160/100 and my cardiologist was wanting to put me on blood pressure tablets for the rest of my life.

After 30 days with Tyler I have lost 20kg and my blood pressure is now 120/81 which some doctors told me was going to be simply impossible to achieve

~ **Matt Callin**

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This is Gabbi,

Nearly a year ago doctors put her on toxic medication and wanted to cut into her eye and put a plug in it.

Her family came to my Free Presentation and had a great chat at the end. They cancelled the surgery and got her Wholefood Medicine AKA: Fruits and Veggies.

She is now well on her way to healing and enjoying all the beautiful talents she has to share with the world.

There are millions of other families dealing with the same issues, let's expose the truth about pharmaceuticals and get more people using "Food as Medicines" Much love Gabbi and thanks for the cabala juice painting :0)

~ **Tyler Tolman**

## *Tyler Tolman* CREDENTIALS



Sensational Tyler,

Your dedication to helping others through your undying knowledge and passion for what you do is nothing short of inspirational! You have changed the lives of so many people including myself! I am forever grateful for the selfcare program I attended a couple of years ago that concreted my new Wholefoods lifestyle.

I now live a symptom free life after suffering and nearly dying of an autoimmune disease "Crohns". Keep up your amazing work Tyler we love you (Veggie Girl) too as Tegan is symptom free from her dabating IBS

~ **Trina Steele**

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I had prostate cancer - saw Don Tolman, he put me on oats with flaxseeds, lemon and wheatgerm oil for brekky, lots of brocolli, brazil nuts and Cabala Juice.

That was 12 months ago and I am as healthy as the day I was born. Clean bill of health and will never go near a Doctor or hospital again...look for all the proof you want...Fruit, veggies, fresh air sunshine, water and exercise...plants cure and heal...Period

I am fitter, run more, gym more than I ever did. Finished my first half marathon on the Gold Coast last year. Don certainly changed and probably saved my life.

~ **Kevin McNamara**

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When I was diagnosed with UC in the year 2000 (after my father passed away) instead of taking drugs I went onto a supervised water fast for 4 weeks – weaned slowly off food and slowly back onto food. After the fast I pretty much had a 80/20 raw food diet. The Ulcerative Colitis was in remission until this October when there was another emotional time and it reappeared. This time I did a juice fast and then a water fast and all is good again.

~ **Debbie Marcus Levy**

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"Bye Bye Psoriasis". That is what I said to myself 90 days ago when I decided to embark on a journey of healing. The path has had it's challenges however the outcome is certainly worth the effort, especially since there is currently no cure for Psoriasis.

~ **Michael Kurniawan**

## *Tyler Tolman* CREDENTIALS

Eighteen months ago I was very stressed, eating an acid diet and was overweight. With no understanding of how dangerous this combination would be for my body, the Universe showed me in a very profound way. I experienced two strokes on the left side of my brain. I was thirty-nine years old. I cannot tell you how frightening that experience was, not only for me but also for my husband Jurgen. What would the future hold for us? The doctors were unable to determine the cause of the strokes. What a blessing that turned out to be. I returned home with cognitive issues and a script for medication. I clearly needed to change something; I just wasn't sure what it was. I decided to put my life under the microscope.

We began designing a life based around natural healthy living. Through this change, I made a full recovery. I was able to stop taking the damaging medication. The medication causes liver damage, memory loss and muscle wasting. I was told I would be on this medication for life. Not any more! Green smoothies and raw food have played an important role in my recovery. My blood work is brilliant and I am fit and incredibly healthy for the first time in my life.

Jurgen also experienced amazing changes. His knees were damaged from a motorbike accident years ago. He was due to have knee surgery this year and had been experiencing pain for a long time. Our diet and lifestyle changes now have him running, mountain biking and doing many other extreme sports. We discovered that you can actually rebuild your body – how mind blowing is that!

We started our company Cheeky Chimp Smoothies with the mission of showing others how easy it is to enjoy real health. We learned that most illnesses are avoidable using diet, exercise and mindset. We did not want other families to go through an experience like ours. This is the passion behind Cheeky Chimp. We have followed Tyler's work and he has been both a leader and an inspiration. He has opened our eyes to a new way of living that we absolutely love. Transforming our minds and bodies has been life changing. Thank you Tyler, you have truly made a huge difference in our lives. We are very grateful.

~ **Jurgen and Nikki Menne**

Need more? You'll find plenty more testimonials at [tylertolman.com](http://tylertolman.com)