

Long Bio

Tyler Tolman is a world-renowned speaker, entrepreneur, media personality, event facilitator, and one of the world's leading authorities on natural health and longevity.

Known for his expert advice in natural health, wholefoods and the fundamentals required for a balanced and abundant life, Tyler's fierce desire to help others is the secret behind his compelling stage presence. Sharing ancient practices of healing combined with modern science, Tyler's knowledge is truly eye-opening. His sound advice is always guided by the principles of "fresh is best" and "first do no harm". Every person who learns from Tyler, always leaves transformed in some way.

A qualified iridologist and fasting expert, Tyler has dedicated his life giving to others. For more than two decades, he has researched, taught and lived ancient principles of health and natural healing practices. His work has helped people from all walks of life—from celebrities to everyday families. His mission is to impact the lives of millions globally.

As well as being an online personality, educator and influencer, Tyler is the co-founder of two leading brands: Conscious Lifestyler and Heal Thy Self, and now teaches his philosophies through brand new educational platforms Heal Thy Self Tribe membership and Heal Thy Self Academy.

Known for cutting through the noise with simple yet profound advice, Tyler has made headlines by helping people to heal themselves from conditions deemed incurable by western medicine. He has accrued countless testimonials from clients who have healed themselves from diseases such as brain cancer, colon cancer, liver cancer, prostate cancer, Lyme disease, motor neuron disease, obesity, hypertension, ulcerative colitis, Crohn's disease, psoriasis and more.

Through sharing his knowledge, people learn how to reconnect with their body's innate wisdom. They rediscover the brilliance of the natural world and uncover their ability to heal and improve their lives mentally, emotionally, physically, financially and socially.

To learn more, visit www.tylertolman.com