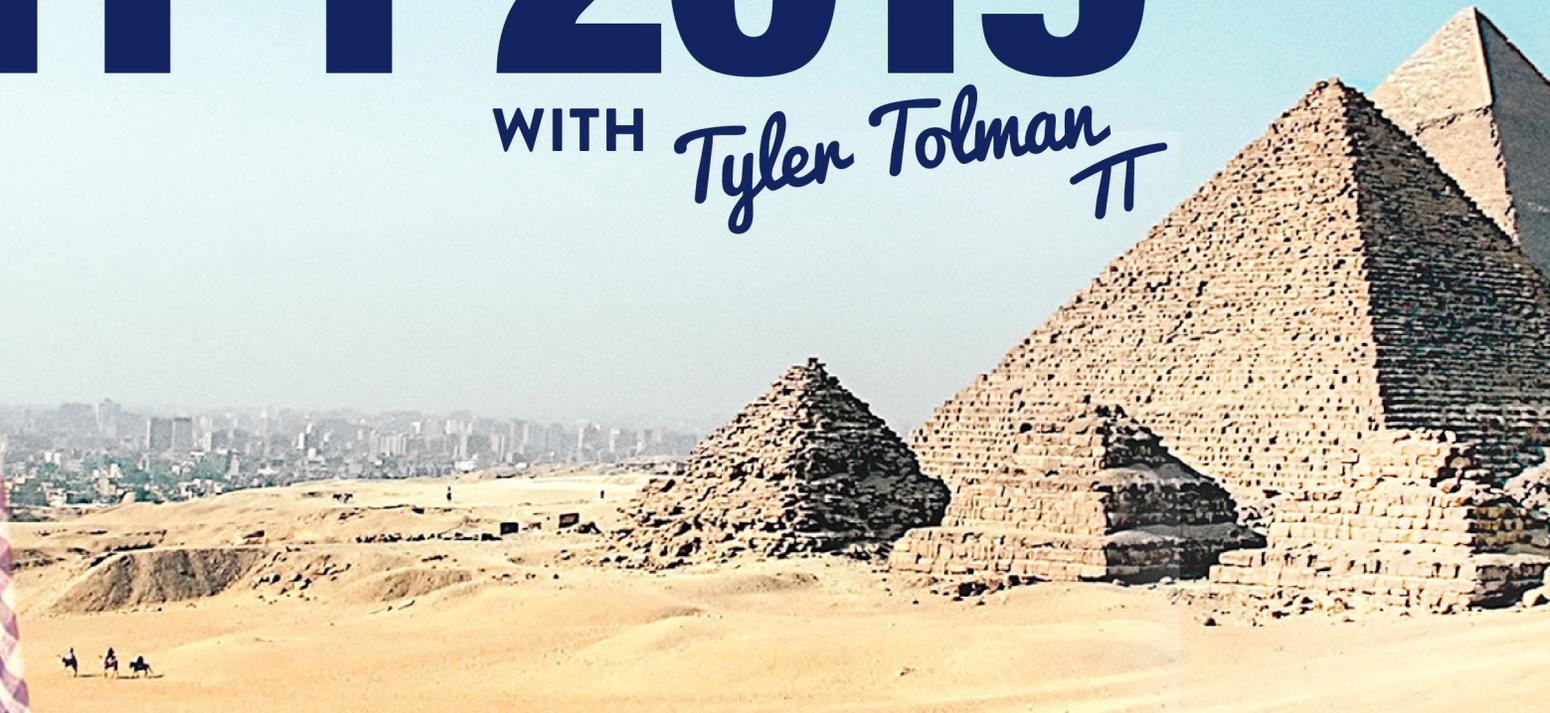


TOLMAN ACTIVATION TOURS

EGYPT 2019

WITH *Tyler Tolman* **TT**



ITINERARY

THE SACRED CELEBRATORY JOURNEY IN EGYPT

tylertolman.com



TOUR OVERVIEW

DAYS	12
DATES	05/01/2019 - 16/01/2019
LOCATIONS	Cairo, Alexandria, Luxor, Edfu, Kom Ombo, Aswan, Abu Simbel
SUSTENANCE	Vegetarian food (All days Full Board*) Breakfast - Lots & lots of fruit Lunch & Dinner - Salads, vegetarian food Lunch outside the Hotel & Dinner at the Hotel/accomodation. Drinking water- 04 litre daily per person *Day 1 (Arrival day) only Dinner is provided, Day 12 (Farewell Day) only Breakfast is provided



ARRIVAL IN CAIRO

DAY	1
DATES	05/01/19
ACCOMODATION	Le Meridien Pyramids View Hotel
DAY	Arrive at Cairo International Airport where your driver will be waiting to take you to your accommodation. Today is an arrival day to relax and recover from your flight ready for the next 11 full on days.



TOUR TO ALEXANDRIA

DAY	2
DATE	06/01/2019
ACCOMMODATION	Le Meridien Pyramids View Hotel
LOCATION	LIBRARY, CATACOMBS, FORTRESS
THE DAY	<p>After your Breakfast our tour guide will pick you up from your hotel in Cairo, to Travel to Alexandria. Start the tour with the library of Alexandria; the biggest library in the world – now with 8 million books. Visit it's open court where you can see the statue of Alexander the Great and the statue of Ptolemy the first, which was found underwater nearby. Ptolemy built the original library and he now proudly stands outside the library overseeing the new library.</p> <p>Our guide will explain the design of the library from outside, you will have a chance for some photo stops. Continuing, explore the Catacombs of Kom el Shoqafa; the necropolis of 3 sub-levels dating from the 2nd century AD merges aspects of Egyptian, Greek, and Roman culture in its features. See the Roman triclinium – a banquet hall to honor the dead, as well as statues, reliefs, and a pillared lobby featuring depictions of Egyptian gods in Roman armor.</p> <p>See the site of the Alexandria Library. Concluding the tour, walk the ramparts of the 15th century Qaitbey Citadel, built upon the ruins of the ancient Alexandria Lighthouse. End this day of discovery with a relaxed evening drive back to Cairo, Dinner & overnight At your Hotel.</p>



CAIRO

DAY	3
DATE	07/01/2019
ACCOMDATION	Le Meridien Pyramids View Hotel
LOCATION	Three pyramids of Giza, Grand Egyptian Museum
THE DAY	<p>Our private time At 5:30am transfer around the Ancient three pyramids of Giza (Cheops, Chephren and Mekerenos).</p> <p>We start our private time at 06:00am when we move to the Cheops Pyramid we spend our time in the Subterranean Chamber, then inside the kings Chamber then in the Queen's Chamber. Then spend time at the paws of the Sphinx for Photographs.</p> <p>Return to the Hotel for breakfast and relaxing.</p> <p>After Lunch we'll leave to explore the new Grand Egyptian Museum said to be opening in December, 2018. Being labeled the largest museum in the world, exhibitions will include around 50,000 artifacts and cover about one third of the total museum grounds. Includes the Mummies room. Back to Hotel Dinner & overnight.</p> <p>The main attraction will be the first exhibition of the full tomb collection of King Tutankhamon. This collection includes about 5000 items that are being relocated from the Egyptian Museum in Cairo.</p> <p>Notes: <i>You Can walk up to the King's chamber and spend 45-60min in there privately (No security only the guide & one of our friend Inspector of Antiquities) You will also have access to the Queen's Chamber & we will try to take your Crystal bowl in kings chamber for toning. After Breakfast they will arrange a talk with Dr Hawas or similar if he is not available.</i></p>



CAIRO

DAY	4
DATE	08/01/2019
ACCOMMODATION	Le Meridien Pyramids View Hotel
LOCATION	Step Pyramid & Serapeum at Saqqara with Bent and Red Pyramids of Dashur & Memphis
THE DAY	<p>After an early Breakfast we will travel by bus to the ancient site of Saqqara, home of the Step Pyramid attributed to King Zjoser. The Serapeum Another highlight of our day will be a visit to the newly opened Serapeum, a huge subterranean complex. A long hallway that runs in east/west directions is flanked by chambers that house gigantic, highly crystalline stone boxes. Many believe that Bulls associated with the Apis Bull cult were buried in them. However, no bulls or human bodies were found in any of these huge boxes which were made with an extremely advanced technology. When excavated in 1852, all twenty-four boxes, weighing 60-80 tons, had been plundered. Their lids had been pried loose and the contents taken. Our collective research shows that these boxes are far more ancient than the writings found on and around them, and were an integral part of a huge energy device.</p> <p>You need to view all the elements for yourself to truly fathom how it may have functioned. We will travel to the ancient site of Dashur where we will visit the Red and Bent Pyramids, attributed to the Old Kingdom, 4th Dynasty Ruler, Sneferu. We will discuss the evidence to support our suggestion that they are far more ancient than this. The title Sneferu translates as double harmony and could relate to the relationship between these two pyramids, or their 'double chambers' within. After exploring the area around the Bent Pyramid, we will enter the highly resonant Red Pyramid.</p> <p>After enjoying a buffet lunch at the Palm Club we'll visit Memphis, or Menefer, Memphis was believed to be under the protection of the god Ptah, the patron of craftsmen. Het-Ka-Ptah, an inscription found on a stela at Memphis, meant the "Place of the Projection of the Principle of Ptah" or the "Place where the Projection of Ptah Manifested." The Greeks mistranslated this inscription into Hi-Gi-Ptos which became Aegyptos, from where our modern name for Egypt was derived. The Greeks also changed the name of this ancient capital city the Greeks from Men-Nefer (The Generation of Harmony) to Memphis.</p> <p>Back to hotel relax Dinner then evening private time.</p>



LUXOR

DAY	5
DATES	09/01/19 - 11/01/19
ACCOMODATION	5 star deluxe Hotel Luxor Nile View
THE DAY	<ul style="list-style-type: none">• Buffet breakfast at the hotel & check out• Fly from Cairo to Luxor• Arrive to Luxor airport with private transfer to Karnak temple for a visit• Continue by bus to hotel (Sonesta San George suggested) for check in and free time• Depart hotel for transfer to Luxor temple for a visit• Return to the hotel and the remainder of the evening is free• Overnight at the hotel



LUXOR

DAY	6
DATES	10/01/2019
ACCOMODATION	5 star deluxe Hotel Luxor Nile View
THE DAY	<p>We will leave directly after breakfast to drive to Abydos for our visit the Seti I Temple, and the very ancient Osirieon Temple. We will discuss the symbolism as we view the masterful craftsmanship of the beautiful depictions that cover the walls of the ancient Seti I temple, that is dedicated to Osiris.</p> <p>Behind this Temple lies the megalithic Osirieon, similar to the Valley Temple in Giza, that the indigenous tell us is 35,000-50,000 years old or more. It is here that several depictions of the Flower of Life can be seen on the huge pillars.</p> <p>Local villagers claim that the water that accumulates in this structure has valuable healing properties. After lunch in Abydos , we'll drive to Dendera to visit the incredible Temple of Hathor. Star maps depicted on the ceilings in this temple, and the replica of famous Dendera Zodiac (the original is displayed at the Louvre in Paris) point to the ancient origins of astrology and superior knowledge of our universe. Hathor (Het-Hert), the Neter who personified motherhood, beauty, sexuality, love, joy, harmony, dance and music was often associated with the planet, Venus. She was known as the Lady of the Stars, and represented the nurturing solar food of the Sun's rays, required for birth, growth and renewal. What other secrets lie within this magnificent structure? Back to Luxor our 05 stars Nile view Hotel Dinner & overnight.</p>



LUXOR

DAY	7
DATE	11/01/2019
ACCOMODATION	Nile River Cruise
LOCATION	Luxor Museum, Mummification Museum
THE DAY	<ul style="list-style-type: none"> • Buffet breakfast at the hotel & check out • Luxor museum • Mummification museum • Transfer to your 05 star deluxe NILE CRUISE (Amarco or Similar) • Lunch & dinner on the ship • Overnight on the boat in Luxor

EDFU

DAY	8
DATE	12/01/2019
ACCOMODATION	Nile River Cruise
LOCATION	Valley of the Kings, Hatshepsut temple, Colossi of Memnon
THE DAY	<ul style="list-style-type: none"> • Buffet breakfast on board the boat • Disembark the boat to private bus for excursion to the west bank including: (Valley of the kings (Ramses) including Kings Tut's Tomb - Hatshepsut temple, Colossi of Memnon) • Depart Luxor to sail to Edfu • Group meeting set with theatre style seating in a private area on board the boat • Overnight on the boat in Edfu



EDFU > KOM OMBO

DAY	9
DATE	13/01/2019
ACCOMODATION	Nile River Cruise
LOCATION	Horus at Edfu, Kom Ombo Temple,
THE DAY	<ul style="list-style-type: none">• Buffet breakfast on board the boat• Disembark the boat for excursion to the temple of Horus at Edfu• Return to the boat and sail to Kom Ombo to visit Kom Ombo temple• Return to the boat and sail to Aswan• Group meeting set with theatre style seating in a private area on board the boat• Overnight on the boat in Aswan



ASWAN

DAY	10
DATE	14/01/2019
ACCOMODATION	Nile River Cruise
LOCATION	High dam, The unfinished obelisk, Philae temple
THE DAY	<ul style="list-style-type: none">• Buffet breakfast on board the boat• Disembark the boat to your private bus for excursion to :<ul style="list-style-type: none">• High dam• The unfinished obelisk• Philae temple• Return to the boat for lunch• Afternoon excursion to the botanical garden by felucca• Return to the boat• Group meeting set with theatre style seating in a private area on board the boat• Overnight boat in Aswan



ABU SIMBEL ✈️ CAIRO

DAY	11
DATE	15/01/2019
ACCOMODATION	Ramses Hilton Hotel Cairo
LOCATION	Abu Simbel Temple
THE DAY	<ul style="list-style-type: none"> • Buffet breakfast on board the boat and disembark • Transfer in your private bus to Aswan airport to take your flight to Abu Simbel • Visit the Abu Simbel temple • Back to the airport to take your flight to Cairo via Aswan • Arrive to Cairo and transfer by private bus to the hotel (Ramses Hilton Hotel Suggested) • Meeting room set with theatre style seating at the Hilton hotel Cairo for a group meeting • Farewell dinner at the hotel in Windows of the world restaurant • Overnight for one night at the hotel

FLY HOME ✈️

DAY	12
DATE	16/01/2019
THE DAY	Breakfast at the Hotel, Transfer to the Airport Fly Home